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## A Bioenergetic Approach

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# Childhood Psychotherapy

## A Bioenergetic Approach

Editor

**Christa D. Ventling**

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# Childhood Psychotherapy

## A Bioenergetic Approach

Fields of Interest:  
Psychiatry;  
Psychology

The consequences of trauma in early childhood are often severe, extending into adulthood where neurotic or even psychotic personality disorders can result. Separation from a parent at birth or thereafter and sexual and/or physical abuse in young children are the traumata most often seen. But the emotional unavailability of the person the child relates to or overstimulation of a baby can be equally disastrous. Treatment of children at an early age therefore becomes a prime issue in order to prevent more serious damage later on.

Presented here for the first time is an application of bioenergetic interventions modified to suit young children. The collection of contributions by experienced body-oriented psychotherapists, all in private practice, deal with pregnancy, birth and young childhood and provide insight into preventive as well as healing aspects.

Psychotherapists, psychiatrists and psychologists treating adults, adolescents, and children will find that this publication conveys a new dimension to the classical treatment methods within childhood psychotherapy. Pediatricians and child guidance counselors should also find this volume inspirational.

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